

Conference News: M & M's, anyone?

Contributed by Richard Brown, VP of Conferences

NAPT's 28th Annual conference "Reaching Out and Reaching In: Expressive Writing for Growth and Healing," April 2-6, 2008, is an alliteration lover's dream, as we will gather in the Midwest city of Minneapolis, Minnesota, on the Mississippi & open the event with a Minneapolis Mingle at the Millennium hotel! Please join us for what is sure to be another inspiring experience for all. Some of the conference highlights include:

- **Wednesday Day Trip:** Hop on board a bus for a Twin Cities/Mississippi River excursion for sightseeing and a visit to the Mill City Museum.
- **Pre-conference workshops on Thursday** by Diane Hovey, Caryn Mirriam-Goldberg and Sherry Reiter.
- **Minneapolis Mingle** on Thursday evening will open the event with social games, poetry-related activities and fun for all.
- **"Future Awe"** Join NAPT President Diane Allerdyce for an exploration of NAPT's expanding role and opportunities for growth and change.
- **Keynote Speaker:** On Friday morning, J. Ruth Gendler will offer us An Invitation to Beauty in her keynote speech. In this talk, Ruth reclaims beauty as a quality that belongs to all of us. J. Ruth Gendler is interested in living in a world where people are more creative, compassionate, and lively. This desire informs her own creative work, including her books, *Notes on the Need for Beauty*, *The Book of Qualities* and *Changing Light*, her art, and her teaching. She has worked with California Poets in the Schools for twenty years and has led writing classes and creativity workshops for adults in the Bay Area and the Midwest.
- **Friday night poetry reading:** For the third year in a row Jen Bosveld will host The Rattlebox open mic event, one of the more popular traditions of the NAPT conference. Come share your voice and help the room rattle. Jen is the hostess with the mostess, full of surprises!
- Saturday morning NAPT conference goers will be treated to a feast of words from **Featured Poet Patricia Smith**, who is an internationally renowned performance poet and four-time winner of the National Poetry Slam individual championship title. She is regarded as one of the few performance poets whose work translates effortlessly to the page. The *Small Press Review* declares, "Smith writes the way Tina Turner sings." Patricia is also the winner of the first ever Hurston/Wright Legacy Award in Poetry, as well as a recipient of the Paterson Poetry Prize and the Chautauqua Literary Journal Award in Poetry. *Teahouse of the Almighty* was named the best poetry book of 2006 by About.com
- **Friday and Saturday workshops** featuring a variety of experiential and didactic workshops, with a focus on educational workshops as part of our Educator's Day on Saturday will prove to be stimulating and truly expressive with plenty of opportunities for reaching in and reaching out. First time attendees and veterans of NAPT will find these offerings beneficial, informative and supportive to growth and healing
- **A new feature: Educators Day** extends a special welcome to first-time attendees who are educators who will find education specific workshops available and an opportunity to network with like-minded professionals.
- **Closing Event:** Christopher Ellinger and Zhaleh Almaee of TrueStory Theater of Boston
- **Post-conference workshop** on Sunday by Perie Longo.

- **Triple Workshop** by Ingrid Tegner, Wendi R. Kaplan and Nancy S. Scherlong.
- **Book Fair** by Micawber's Books and Exhibit Hall for your shopping and browsing pleasure.
- General conference questions may be directed to Richard Brown at buddhafly@art-health.com or to Lauren Keller at NAPTKeller@aol.com.

Please make plans to join us in Minneapolis April 2-6, 2008, for the NAPT Conference, "**Reaching Out and Reaching In: Expressive Writing for Growth and Healing.**" Come one, come all. Don't miss this great mingle by the Mississippi at the Millennium Hotel in Minneapolis, Minnesota. M & M's, anyone?

Conference Workshop Schedule

Reaching Out and Reaching In: Expressive Writing for Growth and Healing

April 2-6, 2008
Millennium Hotel
Minneapolis, Minnesota

Peer Experience: As a student in a Federation-approved poetry therapy training program, you can accrue peer poetry therapy experience credit by attending PE designated workshops. The following listed workshops qualify for peer poetry therapy experience. Please check with your mentor/supervisor to learn what documentation of your attendance may be required for your program.

Pre-conference workshop I, Pre-conference workshop II, Pre-conference workshop III, A2, A3, B2, C4, D1, D2, Post-conference workshop I and Triple Workshop.

Continuing Education Units

CEUs will be available for pre- and post-conference seminars and for conference participation. CEU details, a sign-up sheet, and collection of fees for CEUs will be available at the registration table.

Wednesday, April 2, 2008

Day Trip with Evening Follow-Up

9 AM-4 PM, 7-8 PM

The River Flows Reaching Far

Inviting us to explore its/our deepest currents within. Join us as we take a journey to explore sites along the Mississippi selected to help us distinguish and better understand the currents of our life. Sites will begin with a drive around a few of our favorite Minneapolis lakes on our way to the St. Paul Cultural Garden, an installation of seven poetry-inscribed sculptures, the Mill City museum and lunch, an optional walk on a historic bridge crossing the Mississippi and overlooking the site where the bridge collapsed, and ending at the Loft Literary Center and the Minnesota Center for Book Arts located in the OPEN BOOK Building, where we will have a demonstration by Bill Meyers of a old printing press, an opportunity to view the current poets exhibit and an inspirational place to reflect on and write about our experience. April 2nd in Minnesota can be warm and beautiful or it could be cold and snowing! Come prepared.

Presenters: **Diane Hovey, Ph.D., CPT** is the founder of the Family Institute for Creative Well-Being (www.familyinstitute-cwb.org). Diane strives to be a translator of experience in assisting families to build their strengths in managing life transforming health challenges. She is an artist guide striving for clarity of vision in order to help navigate uncharted territories.

Harriet Kohen is an aspiring poetry therapist and has been a member of NAPT for 3 years. Harriet is a social worker in private practice in Minneapolis, MN where she works with children and adolescents and their families. Harriet was introduced to poetry therapy while working with children with cancer at a local hospital. She and Diane Hovey worked together about 5 years ago to institute a therapeutic arts and palliative care program at a local hospital integrating, art, poetry and music to enhance children's and families well-being. Harriet has presented with Diane at NAPT and the Society for Arts and Healthcare. She is excited to share her poetic/historical perspective of the Twin Cities.

Executive Board Meeting

1:00-5:00 PM

Thursday, April 3, 2008

NAPT Board of Directors Meeting

8:30 AM- 4: 30 PM

Pre Conference I

9:00-11:00 AM

Spaces Within - Unfolded

This workshop will combine the art of poetry making with bookmaking. We will create a simple concertina book as a container for a poem we create. I have found it to be an engaging introduction to poetry as well as a closure activity for a series of meetings with a group or individual.

Presenter: Diane Hovey, Ph. D. is the founder of the Family Institute for Creative Well-Being (www.familyinstitute-cwb.org). Diane strives to be a translator of experience in assisting families to build their strengths in managing life transforming health challenges. She is an artist guide striving for clarity of vision in order to help navigate uncharted territories.

Pre Conference II

11:30 AM-1:00 PM

Writing, Rumi & Wonder: A Ceremonial Writing Workshop

“Open the window in the center of your chest, and let the spirits fly in and out,” writes Sufi mystic Rumi. Using Rumi’s poetry to open the windows in our lives, we’ll explore writing as spiritual practice, and workshop as ceremony. We’re practice presence, artistic risk-taking, and wonder in the oasis of peace we create together.

Presenter: Caryn Mirriam-Goldberg, Ph.D., CPT. Author of seven books, including co-editor of *The Power of Words: A Transformative Language Arts Reader*, and three volumes of poetry, Caryn teaches at Goddard College, where she coordinates Transformative Language Arts, and she facilitates writing workshops for various populations. She offers writing and singing retreats, and co-writes with singer Kelley Hunt. www.goddard.edu, www.bravevoice.com, www.writewhereyouare.org.

Pre Conference III

2:00-5:00 PM

“Shamanic Horses”; Transporting People to Change through Transformative Language

In this workshop, participants will journey through five powerful poems and experience five accompanying writing exercises that are agents of change. Come kick up some dust as we gallop together through the frontier of possibility. This workshop is largely experiential, with some didactic. No riding experience necessary.

Presenter: Sherry Reiter PhD, LCSW is a registered poetry and drama therapist. She is director of The Creative Righting Center, training poetry therapists in New York and long distance. Past President of NAPT and the NFBPT, Sherry has written many articles and chapters on the use of poetry therapy.

Pre Conference IV- (Fee Free Session.)

3:00-6:00 PM

Mentor/Supervisor Roundtable

Note: This workshop is required continuing education for Federation-appointed mentor/supervisors of the CAPF, CPT and PTR training program. Those who have previously informed the Federation of their interest in applying to be a mentor/supervisor are also welcome to attend.

Presenter: Dr. Samuel T. Gladding is the director of and a professor in the counselor education program as well as the associate provost at Wake Forest University in Winston-Salem, North Carolina. He has been a practicing counselor in both public and private agencies as well as an academic professor and administrator. Dr. Gladding is the past editor of the *Journal for Specialists in Group Work*. In 1999, he was cited as being in the top 1% of authors in the profession of counseling. He is the author of numerous books on counseling, including *The Creative Arts in Counseling*, and dozens of published articles.

5:00-6:30 PM

3rd Annual Newcomers’ Dinner

Sign up in advance (at the registration desk) to dine at a choice of local restaurants with other conference attendees; then return to the hotel for our “Minneapolis Mingle” as you enjoy dessert.

7:30-11:00 PM

Opening Event

Minneapolis Mingle: Join us for social games, poetry-related activities and fun for all. Meet some of this year's presenters, well-seasoned NAPT members, and Newcomers.

Friday, April 4, 2008

**Triple Workshop Part I
7-8 AM**

Experience Poetry Therapy: The Triple Workshop requires attendance for all three mornings—Friday 7-8am, Saturday 7-8am and Sunday 9-11:30 for a total of 4.5 peer hours.

This three-part workshop is designed for those who would like a full experience of a poetry therapy group. Three mentor/supervisors will each be conducting a small group (8 participant's max.) for three sessions. Each of the facilitators will have the same poem and the same plan for the session. Newcomers, trainees and all interested in- group formation are welcome to be members of a small, developmental poetry therapy group and accumulate peer group hours towards certification. Friday and Saturday mornings will be one-hour sessions designed to invigorate and inspire you as you start your day. During the Sunday poetry therapy session, there will be informational processing that will include discussion of group development, choice and use of literature, goal setting and implementation, safety/confidentiality, facilitation techniques, timing and pacing, developmental vs clinical poetry therapy as well as opportunities for sharing ideas and experiences. The three sessions will demonstrate the therapeutic application of literature in a logical/creative progression with a particular group of interested people.

Presenters: Ingrid Tegnér, MSW, CPT, M/S, is a personal and life coach, certified poetry therapist and mentor/supervisor. She has served on the board of the National Association for Poetry Therapy and currently serves as Treasurer of the National Federation of Biblio/Poetry Therapy and directs the Institute of Poetry Therapy of Maryland.

Wendi R. Kaplan, LCSW, CPT, M/S is a psychotherapist who focuses on empowering people to define and to move toward self-fulfillment through personal exploration that energizes their creativity, relationships, and spirituality. She has a private practice in Alexandria, Virginia. Ms. Kaplan is a mentor/supervisor and Director of the Institute of Poetry Therapy of Virginia.

Nancy S. Scherlong, LCSW, PTR, M/S is a licensed clinical social worker in CT and NY, a registered poetry therapist and a mentor supervisor. Nancy's work is eclectic and incorporates other creative arts. She is currently accepting new trainees into her M/S program for all levels of poetry therapy study.

8:15-8:45 AM

President's Welcome "Future Awe": Diane Allerdyce

8:45-9:45 AM

Keynote Address/Book signing: J. Ruth Gendler.

J. Ruth Gendler will offer us An Invitation to Beauty in her keynote speech. In this talk, Ruth reclaims beauty as a quality that belongs to all of us. J. Ruth Gendler is interested in living in a world where people are more creative, compassionate, and lively. This desire informs her own creative work, including her books, *Notes on the Need for Beauty*, *The Book of Qualities* and *Changing Light*, her art, and her teaching. She has worked with California Poets in the Schools for twenty years and has led writing classes and creativity workshops for adults in the Bay Area and the Midwest.

Workshop Session A
10:15 AM-12: 15 PM

A1 (60 min)

Using Poetry with Difficult Teens

This workshop focuses on the use of poetry techniques with difficult teens. That population often considers poetry to be “alternative” or anti-establishment, and therefore is amenable to writing, reading and discussing poetry. Based on my book *Fe-Vers: Feeling Verses for Teens*.

Presenter: Cynthia Blomquist Gustavson, LCSW, ACSW Psychotherapist at the Center for Counseling and Education in Tulsa, OK, she is author of the six book *In-Versing Your Life Series* of poetry therapy workbooks. She has lectured and done workshops on poetry therapy across the US and in Sweden. More info at www.cynthiagustavson.com

A2 (90 min)

Writing and Health: Advances in the Expressive/Creative Component of Poetry therapy

The health and personal/community development aspects of creative writing will be examined and demonstrated through the expressive/creative component of Mazza's multidimensional R.E.S. model. The model consists of three major dimensions: 1) R - Receptive/prescriptive involving the introduction of literature into practice, 2) E - Expressive/creative involving written expression, and 3) S - Symbolic/ceremonial involving the use of metaphors and rituals.

Presenter: Nicholas Mazza, Ph.D., R.P.T. is the *Patricia V. Vance Professor of Social Work* at the Florida State University College of Social Work. He holds Florida licenses in clinical social work, marriage and family therapy, and psychology. Dr. Mazza is the founding and current editor of the *Journal of Poetry Therapy* and author of *Poetry therapy: Theory and Practice* (2003, Brunner-Routledge).

A3 (120 min.)

Symbolic Modeling: a different way to use metaphor

Symbolic Modeling is a mind/body counseling approach that taps into subconsciously held beliefs and patterns, held in the brain as symbols and images, and works with them to bring about greater clarity and change. First developed for working safely with trauma patients; now applied to a broad range of counseling, coaching, and business issues.

Presenter: Gina Campbell, CAPF and Certified Clean Facilitator

Gina began her study of Symbolic Modeling and Clean Language in 2003. Attracted to another way to use metaphors, she studied with Tompkins and Lawley, developers of the technique in England. Gina brings this pioneering work to this side of the Pond, facilitating individual clients and offering training in the Symbolic Modeling method. (www.symbolicmodeling.com)

A4 (120 min)

Poetic Justice: Harnessing the Power of Words to Change the World

This workshop explores how each of us can use our words to bear witness to the woundedness of our world, and to help to heal it. We will explore poems on themes such as war, the environment, and social justice issues, and then we will write and share our own.

Presenter: Diana K. Serquina, Founder, Poetic Justice. Diane has been writing poems, essays, and sermons on environmental and social justice topics for many years. She founded Poetic Justice (www.poetic-justice.org/) to create a space where writers can take a stand on issues of importance to them. She invites you to stand up and speak out, too.

A5 (90 min)

Presidential Round Table: “Promoting growth and healing through language, symbol, and story.”

Join Diane Allerdyce, President of NAPT, along with other NAPT Board Members to discuss the flow of change and the future of NAPT. **Presenter: Diane Allerdyce**, Ph.D., CAPF, NAPT President, is cofounder and Chief Academic Officer of Toussaint L'Ouverture High School for Arts & Social Justice in Delray Beach, Florida. Her poetry has appeared in local, national, and international journals. Her chapbook won the 2007 Red Wheelbarrow Award by Pudding House Publications.

Networking Lunch
12:15- 1:30

Workshop Session B
2:00- 3:30 PM

B1 (90 min.)

Narrative Strategies for Issues of Diversity: Kin Recognition and Empathy

This workshop/presentation will examine theories of kin recognition and empathy, two psychological processes which explain how we deal with issues of diversity, how we create and cross boundaries of same/different. Using narrative strategies—particularly point of view—we'll explore issues of belonging and hospitality within our organizations and communities.

Presenters: **Margaret Blanchard**, Ph.D. and **S.B. Sowbel**, Ph.D. are experienced faculty, published writers and artists whose work focuses on the arts, creativity, healing and personal growth in contexts of cultural diversity and change. Sowbel teaches in Goddard's Health Arts & Sciences Program and in the Union M.A. program, and Blanchard is Professor Emerita at Union College in Vermont.

B2 (120 min.)

Writing Our Way to The Sacred Feminine

Who is manifesting in your daily living, the Divine Mother or the Divine Father? This workshop will help you balance the values of each. Through group discussion and writing, you will find ways to incorporate the wisdom of five *Taino* deities into your life. Come redefine the meaning of Power!

Presenter: **Marianela Medrano-Marra**, PhD, LPC, a Dominican writer and psychotherapist living in Connecticut. She has done research on the spiritual practices of her *Taino* ancestors, with emphasis on the Divine Feminine and has incorporated her findings into creative ways to help individuals balance their respective male and female energies. Medrano-Marra is the author of four poetry books.

B3 (90 min.)

What I Think About Me: Assessment of Self-Concept in Adolescent Girls

This workshop will focus on the use of paper dolls in the poetry therapy process with adolescent girls. Participants will receive an introduction to the Doll Project, create paper dolls, experience writing prompts that have been used with adolescent girls, and explore ways to expand its use with other populations.

Presenter: **Donna C. Owens** is a PhD student in expressive therapies and has been working with adolescent girls for several years. She is the Research and Evaluations Manager for Artful Transformations and created this assessment for use with high-risk adolescent girls.

B4 (90 min.)

Blossoming: poem-making as a celebration of self and the beloved

How often do you write a love poem? This workshop invites you to rediscover your natural aptitude for loving and 'being in love' and focuses in particular on how rediscovering the art of inspired poem making might contribute to your own growth and flowering.

Presenter: **Reinekke Lengelle**, MA is a published poet and playwright and designs and teaches graduate-level writing courses focused on writing for personal development for Athabasca University – Canada's Open University. She can be found at www.blacktulippress.com

B5 (120 min)

Attending to Beauty: "Beauty will dance with anyone who is brave enough to ask her."

Beauty thrives on attention. Although we often focus on Beauty that is pleasing and pretty, our awareness of beauty can become more active and generous. This workshop invites us to find our own ways and practices that allow more beauty in our lives. We will articulate what beauty means to each of us, how we find beauty in ourselves, in each other, in our homes, in nature. Questions, appreciating the qualities of beauty, and poetry will be our tools.

Presenter: **J. Ruth Gendler**, Keynote Speaker (see Keynote Speaker, Friday morning).

Credentials Ceremony

4-6 PM

Hosted by the National Federation for Biblio/Poetry Therapy. All conference attendees are invited to this inspirational ceremony awarding credentials to new CAPFs, CPTs and PTRs.

The Rattlebox

Open Mic Poetry Reading

7 PM-???

The Rattlebox is a celebration of all that poetry accomplishes and causes us to celebrate. Come and join emcee **Jennifer Bosveld** of Pudding House for this community poetry event. First come—first to sign up. Refreshments and prizes included.

Presenter: Jennifer Bosveld is president of Pudding House, the largest literary small press in America.

Workshop Session C

8:15-10:15

C1 (60 min.)

Poetics of *NohKiDo*

This session has several poetic components, such as laments, haiku, renku and the dramatization of NeoNoh plays. This presentation briefly introduces the method as such, highlights techniques, and presents examples, which involve the use of poetry as creative means of transpersonal healing.

Presenter: Sirkku M. Sky Hiltunen, Ph.D., Ed.D., RDT-BCT., ATR-BC., LPC, is The CEO/President of Beyond Mask, Inc., Executive Vice President of The Art and Drama Therapy Institute, Inc., and Founder of the Ilmatar Institute in Virtasalmi, Finland. Sky is an artist, poet and theater director/dramaturge. She is a registered Art and Drama Therapist and Board Certified Trainer in Art and Drama Therapy. She is a native of Finland and has a Black Belt in Tai Chi. She is the Master Teacher of *NohKiDo*TM—The Way of Spiritual Energy of Noh – as well as *Therapeutic Noh Theater*[®]. She begins her first 3-year training in NohKiDo in 2008 in Finland. She has conducted art and drama therapy training in USA, Lithuania, Russia, Canada, Japan, Switzerland, and Finland. She has published in professional journals in the USA, Canada, and Japan. Sky lives by Intuition, faith and creativity.

C2 (120 min.)

“You Spit Rhymes?” Writing Circles, Poetry and Spoken Word Performance: Innovative Tools to Engage and Empower Urban Youth

This experiential workshop showcases *The Lab*, a program of St. Paul Public Schools. Hear how The Lab empowers youth to share the truth of their voices through poetry/spoken word performance. Participants will hear youth recorded poetry; experience the circle; discuss the model and the relationship between poetry therapy and social justice.

Presenters: Mary Tinucci and Mallory Haar

Mary Tinucci, MSW, LICSW is a School Social Worker with Saint Paul Schools, Minnesota. Her own love of group work, poetry, journaling, and writing for emotional health led her to create The Lab. Mallory Haar is an Americorps VISTA worker who loves contemplating the relationship between words and culture.

C3 (120 min.)

The Healing Power and Poetry of Circle Dance

Dance is the physical activity shown to be most effective in creating a sense of wellbeing and restoring mental and physical health. This workshop offers participants the opportunity to experience for themselves the healing power of circle dance. Poetry will be woven in and among the dances and time set aside for participants to reflect in writing or art on their experience of the dance. All dances will be taught, and no previous dance experience is necessary. “In circle dance there are no mistakes, only variations.”

Presenter: Evelyn Torton Beck holds Ph.Ds in both comparative literature and clinical psychology, and is Women's Studies Professor Emerita at the University of Maryland. She has studied dance as a healing practice with teachers from many parts of the world and she herself regularly offers workshops integrating poetry, dance and art on themes focusing on healing, personal growth and wellbeing.

C4 (120 min.)

One to one: Continuing Exploration of Poetry Therapy with Individuals

Focusing on the counseling office, we will explore giving and receiving poems, working with poems clients bring, interactive writing techniques, and specific populations like eating disorders. We'll read and discuss several poems for individuals using one as our guide for today's writing.

Presenter: Phyllis Klein, LCSW, CPT, is in private practice and is also part of the Art for Recovery program at UCSF Comprehensive Cancer Hospital. She leads a number of poetry therapy workshops including Therapeutic Writing and Meditation and Writing.

C5 (90 min)

Educators Round Table: "Poetry Therapy and its Substantial Academic Benefits"

Join Diane Allerdycce & Margaret Blanchard along with other NAPT Board Members to discuss the influence of Poetry Therapy and the advantages gained when implanting the techniques of Poetry Therapy in Education in light of NAPT's tag line, "Promoting growth and healing through language, symbol, and story."

Presenters: Diane Allerdycce, Ph.D., CAPF, NAPT President, is cofounder and Chief Academic Officer of Toussaint L'Ouverture High School for Arts & Social Justice in Delray Beach, Florida. Her poetry has appeared in local, national, and international journals. Her chapbook won the 2007 Red Wheelbarrow Award by Pudding House Publications. **Margaret Blanchard**, Ph.D. is an experienced faculty member, published writer, and artist whose work focuses on the arts, creativity, healing, and personal growth in context of cultural diversity and change. She is Professor Emerita at Union College in Vermont.

C6 (120 min)

"A Misunderstood Beautiful Being": Hearing the Voices of Young Adults

This session will explore poetry writing by young adults in Alternative Learning Centers. Special attention will be placed on the ways poetry allows students to express what is often "unsayable" in other settings, that is, their loves, fears, dreams, and frustrations. The presenters will engage participants in several writing activities.

Presenters: Francis E. Kazemek & Jerry J. Wellik

Francis E. Kazemek is a Professor of Literacy Education at St. Cloud State University. His most recent book is *Exploring Our Lives: A Writing Handbook for Senior Adults*, published by Santa Monica Press. Jerry J. Wellik is a professor of Special Education at St. Cloud State University. His particular interests are intergenerational storytelling and writing poetry and short stories with learners of all ages and backgrounds.

Featured Poet Patricia Smith: Address/Book signing

10:30-11:45

Saturday morning NAPT conference goers will be treated to a feast of words from **Featured Poet Patricia Smith**, who is an internationally renowned performance poet and four-time winner of the National Poetry Slam individual championship title. She is regarded as one of the few performance poets whose work translates effortlessly to the page. The *Small Press Review* declares, "Smith writes the way Tina Turner sings." Patricia is also the winner of the first ever Hurston/Wright Legacy Award in Poetry, as well as a recipient of the Paterson Poetry Prize and the Chautauqua Literary Journal Award in Poetry. *Teahouse of the Almighty* was named the best poetry book of 2006 by About.com

**Honors Luncheon
Hosted by Richard Brown
12:00-1:30**

Workshop Session D

2:30-4:30

D1 (120 min.)

“Trauma and Loss for Children and Teens: Using Expressive Arts in the Healing Process.” In our communities today, children and teens are exposed to considerable violence, trauma and death. This workshop focuses on these potentially disruptive issues and how to intervene effectively by using writing and drawing to enhance coping. Participants will learn principles and challenges of working with these children and also experience the creative art therapy techniques firsthand.

Presenter: Dr. Deborah Langosch, LCSW, CPT, M/S, is a clinical coordinator in the Loss and Bereavement Program and the Center for Trauma Program Innovation at the Jewish Board of Family and Children’s Services. She is a certified poetry therapist and also has worked with children, teens and families in private practice for over 25 years.

D2 (90 min.)

Reaching to see the inner self and outer self.

This experiential workshop will demonstrate drama therapy techniques for exploring and repairing dichotomies between an individual’s sense of the inner self and the self-shown to the outer world.

Presenter: Nadya Trytan, MA, RDT, is a Drama Therapist practicing in St. Paul, Minnesota. She directed the Barrier Free Theater in 2002.

D3 (120 min.)

How to Eat a Poem—and let it feed your soul

Together we’ll go through the steps of bringing a poem alive in our bodies, extracting the healing nourishment it has to give. In small groups we’ll apply the process, and then come back together to enjoy the feast. Participants will learn how to use this approach in their own practice.

Presenter: Silvine Farnell. During many years as a professor of literature, Silvine helped students experience the power of poetry by bringing it alive in their own bodies. She now brings this approach to a wider audience through workshops—see www.DeeperIntoPoetry.com.

D4 (90 min.)

Becoming credentialed in poetry therapy

The chairperson of the credentials committee of the National Federation for Biblio/Poetry Therapy will present an overview of the credentialing process. If you have been thinking of pursuing credentialing in the field of poetry therapy, this workshop will provide you with all of the information that you need to get started and will answer any questions that you might have.

Presenter: Elaine Brooks, RNC, MA, PTR is a registered poetry therapist and a Mentor/Supervisor. She is a member of the board of the National Federation for Biblio/Therapy and has been chairperson of the credentials committee for the past three years. She offers poetry therapy groups in a Partial Hospitalization Program as well as in the community. In 2006 she received the Morris Morrison Education Award presented by NAPT.

D5 (120 min.)

Personal Archaeology: Poem Making With Survivors of Traumatic Brain Injury and Substance Abuse

This workshop focuses on the use of poetry and creative writing at Vinland Center, a specialized residential setting in Minnesota that provides chemical dependency treatment for individuals who have experienced a traumatic brain injury or have other cognitive impairments. The presenter was employed at Vinland from 1995-2003.

Presenter: Tania Kowalenko worked as a therapist for 30 years, initially as an OTR and later as an LICSW. She is a member of the Minnesota Occupational Therapy Association Conference in 2004, and a presenter at the Women’s Spirituality Conference in 2002.

D6 (120 min.)**Map to the Closed Doors**

This workshop, specifically designed to generate new, revelatory work, begins with each participant crafting a map of the earliest neighborhood they can remember. Then a series of innovative prompts will help us uncover both the simple stories and those we've "forgotten" behind doors that we've slammed shut, bolted and walked away from.

Presenter: Patricia Smith (see Featured Poet description, Saturday).

Closing Performance**5:00-6:30 PM**

By popular demand, **Christopher Ellinger** and **Zhaleh Almaee** of True Story Theater, from Boston, will be leading us to closing the conference together in a creative performance event reflecting on our experience together. First we will be playfully invited out of our conference heads into dancing with our hands to music and welcoming metaphors that fly from our bodies. Then we will be invited if we wish, into joining one of the series of magical forms using drama or song or dance or poetry. It comes from "Playback Theatre," a kind of drama therapy set in 50 countries around the world to build community and share the power of our stories with each other. We hope you don't miss it!

Sunday, April 6, 2008

Post Conference I**9:00-11:30 AM****Reaching Down: Perie's Going Home Companion**

In order to enhance and practice the facilitation process, each participant will have the opportunity to read one of their poems written during the conference to participate in the process of attentive and supportive feedback and explore techniques for deepening the experience of insight and growth. Poems with the theme of "Home" will be shared with time for writing.

Presenter: Perie J. Longo, PhD. MFT has been teaching in the California-Poets-in-the-Schools program for over twenty years, as well as in private practice as a poetry therapist, marriage and family therapist, and mentor/supervisor for those seeking credentialing. She is the recent past-president of NAPT and recipient of an Outstanding Achievement Award and Distinguished Service Award. She is the current poet laureate of Santa Barbara.

Triple Workshop Part III 9:00-11:30 AM

(See Friday morning description)